

## Day Tour “Paragliding for two” (DT011 UMB)

An exciting adventure in the skies of Umbria.



If the Must of the summer is an "outdoor holiday experience", Umbria has so much to offer. This day tour is for those who love adventure and the beauty of nature in freedom.

In the beautiful setting of the city of Assisi and the park of Monte Subasio, you can experience the thrill of a free flight in tandem paragliding. An authorized instructor or a pilot will accompany you, so you can enjoy the emotion in complete safety.

Sitting in a comfortable harness with the pilot behind you, you will only have to take a short run on a downhill meadow, the earth will slowly move away from your feet and you will start your flight. You will feel a light breeze on your face: the feeling of safety and stability will give you a sense of freedom that will fill you with joy. After a beautiful flight, you will gradually land on the ground ... Once you land, you will look at the sky and you will feel a great desire to try this wonderful experience again.



### **Where can you fly in Umbria?**

You can fly on Monte Subasio (Assisi), on the park of Monte Cucco (Sigillo) and on Monte Baldo (Gubbio). All three are fantastic experiences and the landscape is of great naturalistic and spiritual value.

**Dates:** daily, upon request, from April until October).

At the time of booking, it is better to give at least 2/3 dates since the activity depends on the weather conditions. The instructors evaluate the weather conditions for each flight (wind, no wind, etc.) and have the right experience so that you can have fun safely. The day before the booking date, we will communicate if the weather is right for a safe departure.

**Duration flight:** From 15 to 40 minutes.

However, upon request, flight can be extended up to one hour or sometimes by taking advantage of the upward currents of warm air that push the glider upwards and allow it to travel considerable distances (experience ONLY for those who have already made at least one flight).

**Difficulty:** easy. The tandem flight is an experience suitable for everyone, without age limits (however, minimum weight is 30 kg - maximum weight 100 kg). The flight is also suitable for those who suffer from vertigo (for example when looking out of the balcony). It is scientifically proven that in paragliding you do not suffer from vertigo, since there have no fixed reference points: the "sensor" of our balance that regulates the vertigo is activated only when we are standing, so during the flight, being comfortably seated and in movement, and thanks to the absence of optical references with the ground, vertigo cannot occur.

**Participants:** from 1 person (there are several instructors available)

**Price:** from € 140,00 (flights over Gubbio and Sigillo, price upon request)  
With 6 or more people 10% discount

**What's included in the price:**

- Paragliding flight
- Bringing you up on the mountain to the starting point of flight
- Equipment required for flying, helmet included
- Expert instructor who will fly with you
- Souvernir video
- Within about 10 km from the landing field, you can have a free transfer service. Further (more km), price is upon request.

**Price does not include:**

- Travel to and from the starting point of the tour



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