Meravigliosa Umbria

A Food & Wine tour through the Valle Umbra

Old traditions, wine and good food

Code: G008UMB



This eno-gastronomic tour is a wonderful discovery trip to the culinary traditions of the beautiful, green Valle Umbra: a fertile and water-rich valley surrounded by green hills covered with vineyards and olive groves. This valley contains not only some of the most important Umbrian medieval towns such as Assisi, Montefalco, Bevagna and Spello, but also the larger provincial capital Perugia and Spoleto, which lies at the foot of the thickly wooded Monteluco mountain. You spend the night along the babbling river Clitunno, in an eco-structure that is centrally located between Trevi, Bevagna and Montefalco. In the restaurant, delicious Umbrian dishes are served, with frequent use of local products such as truffle, mushrooms and extra-virgin olive oil. You spend the night along the babbling river Clitunno, in an eco-structure that is centrally located between Trevi, Bevagna and Montefalco. In the restaurant, delicious Umbrian dishes are served, with frequent use of local products such as truffle, mushrooms and extra-virgin olive oil.
In the country house is organized a cooking lesson with Rita, in which some fabulous Umbrian dishes will be prepared. The black truffle is found in Umbria and with a truffle hunter, you head into the hills of Trevi. Afterward, the truffle is served in a delicious truffle lunch.
The next day, after breakfast, Assisi and the wines produced in this are on the program. A detailed cultural route description takes you past the famous monuments of this lovely

pilgrim city. In the afternoon you will visit a winery in the Assisi D.o.c. area and taste the excellent wines.





Start tour: Sunday, Monday, Tuesday or Wednesday from 01/04 until 31/10/2027
(During holidays and Italian festivities not possible)

Participants: minimum 2 – maximum 6 (more people only on request)

Program day by day:
Day 1: Arrival in Umbria
In the afternoon, you are expected in a Country House near Foligno. Carla will give you a warm welcome
Overnight and dinner in the Country House.

Day 2: A **cooking class**
In the morning, you have time to visit Trevi, Montefalco or Bevagna, three medieval towns not far from your country house. In the early afternoon a cooking course with Rita in the country house. During this course, typical local dishes are prepared from genuine products. In the evening, a dinner where you will taste the tasty prepared dishes.
Overnight with breakfast at the Country House.

Day 3: Truffle hunting in the hills of Trevi
After breakfast, you leave the country house and head into the mountains above Trevi, an area where black truffles are found. You are expected at 10.00 am and go with Alessandro or Antonio and their trained dogs to find the 'black diamonds of the kitchen'. An omelette with fresh truffle is prepared in the field. Afterward, you will have lunch where also a truffle dish will be served.
In the evening you are free to dine somewhere on your own.
Overnight with breakfast at the Country House.

Day 4: a wine-tasting and exploring Assisi.
After breakfast, you have the time to visit beautiful Assisi. A detailed route description of a cultural walk will show you every corner of Assisi. You walk past the most famous

monuments of this old medieval city. In the evening you are free to dine somewhere on your own. Overnight stay with breakfast at Country House.

In the afternoon, you visit a winery in the Assisi D.o.c area. All is explained about the winemaking process and of course, you taste the excellent wines.

Day 5 End of tour after breakfast
After breakfast ends this tour to discover the Umbrian delicacies and extraordinary wines.

Your country house the country house, is an 18th-century farmhouse. There are six apartments of various sizes, a restaurant, garden, salt-water swimming pool and car parking. Local products such as saffron, truffles, spices, olive oil, nuts and honey are used in the restaurant.

Price per person 2027:
705 Euro in a double room
835 Euro in a single room
650 Euro 3e person in a triple room

Included in the price

- 4 overnights with breakfast
- 1 diner (exclusive drinks)
- Cooking lesson in the country house + dinner
- Truffle hunting with lunch
- 1 wine-tasting
- Description of a cultural walking route in Assisi
- Pre-Tour information
- Local assistance

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