

## **An Umbrian foodie vacation in an Umbrian Abbey (G 009 UMB)**

Umbrian olive oil, wines and truffle

A 5-day gourmet tour



Nestled in the heart of Umbria, the Abbazia di Collemadio is a stunning historical retreat that offers an unforgettable blend of culture, relaxation, and natural beauty. Once a Benedictine monastery, this beautifully restored abbey now serves as an elegant hotel, providing guests with a unique opportunity to immerse themselves in Italy's rich heritage while enjoying modern comforts.

The Abbazia di Collemadio stands proudly on a hilltop, offering breathtaking panoramic views of the lush Umbrian countryside. With its charming stone architecture, tranquil gardens, and inviting pool area, it creates an atmosphere of serenity and timeless charm. Inside, the rooms are tastefully decorated, blending rustic elegance with contemporary amenities.

Beyond the abbey's walls, the surroundings offer endless opportunities for exploration and adventure. The nearby medieval towns of Todi and Perugia boast cobbled streets, historic landmarks, and delightful local cuisine. Art lovers and history enthusiasts will appreciate the rich tapestry of cultural treasures, from ancient churches to vibrant festivals.

You will participate at an adventurous activity, truffle hunting in the surrounding fields of Montefalco offering a unique connection to nature. Accompanied by an expert guide, truffle hunter with his trained dog, participants search for these prized culinary treasures and afterward enjoy a tasting session featuring freshly harvested truffles.

One of the most delightful experiences in Umbria is walking through the vineyards of Montefalco, known for its prestigious Sagrantino wine. Strolling among the vines, visitors can learn about the winemaking process and enjoy a guided wine tasting session, savoring the rich, full-bodied flavors of the local produce.

You will visit a family run olive oil mill (Frantoio) where you will have an unexpected surprising sensorial experience.

During this gourmet tour there is time enough to explore the picturesque towns of Assisi, Bevagna, and Spello, each offering its own charm and historical significance. Assisi, the birthplace of St. Francis, is renowned for its stunning basilicas and spiritual atmosphere. Bevagna captivates with its well-preserved medieval architecture and vibrant local markets, while Spello enchants with its colorful flower-adorned streets and artistic heritage.

Whether you're seeking a romantic getaway, a cultural journey, or a peaceful retreat, the Abbazia di Collemedio and its surroundings offer an unparalleled experience. Discover the magic of Umbria and create lasting memories in this enchanting destination.

**Period:** Daily from 01/04/2025 until 31/10/2025

Not possible during international and national holidays and special events.

**Participants:** minimum 2 people.

### **Program of this gourmet tour\*:**

#### **Day 1. Arrival at the Abbazia di Collemedio**

In the afternoon an Italian Aperitive with cold cuts and Umbrian cheeses.

#### **Day 2 Cooking class**

This morning immerse yourself in the flavors of Umbria with a hands-on cooking class where you'll prepare traditional dishes from scratch. Learn to make *Strangozzi*, a delicious handmade pasta, followed by a rich and creamy *Flan di Patate*. To finish, indulge your sweet tooth by creating the classic Italian dessert, *Tiramisù*. After cooking, enjoy a leisurely lunch, savoring the fruits of your labor with a glass of local wine. A perfect experience for food lovers looking to discover the heart of Umbrian cuisine!

In the afternoon free to have some relax in the swimming pool or to visit the town of Perugia

#### **Day 3 Exploring the truffle and the wines of Montefalco**

At 10.00 in the morning you are expected at Montefalco. Just outside the walls is the truffle field where the truffle hunter is waiting for you. After it you will have taste the truffles in Montefalco centre: appetizers combined with a Montefalco wine

You have time to visit Montefalco and its lovely medieval centre

After lunch at 15.30 meeting with your guide at the winery.

You make a short and easy walk through the vineyards, where your guide. Will explain all about wine growing. After the visit of the vineyards you will taste the Montefalco wines combined with bruschetta with extra virgin olive oil and/or local salami & cheeses.

#### **Day 4 Olive oil of the Valle Umbra and visiting Assisi**

Umbria, often called the "**green heart of Italy**," has a deep-rooted tradition of producing exceptional extra virgin olive oil. With its rolling hills and favorable climate, the region provides the perfect environment for cultivating olive trees, yielding fruits rich in flavor and nutritional value.

This morning, you'll visit the **Decimi family's olive oil mill**, where the owners will take you on a sensory journey, offering a fresh perspective on olive oil. Discover the art of tasting and learn how to pair different olive oils with a variety of dishes, enhancing their flavors in ways you never imagined.

#### **Day 5**

After breakfast, end of our services.

\* The daily program can be changed according to the availability of the gourmet experiences.

#### **Nett price per person 2025:**

In double room € 795

In single room: price on request

#### **Included in the price:**

- 4 overnight stays with breakfast in the abbey
- Welcome aperitif
- Walk through the vineyards with wine-tasting
- Truffle hunting with tasting truffle (incl. A glass of Montefalco wine)
- Cooking class with lunch (excl. drinks)
- Visit olive oil mill (Frantoio) and tasting of olive oil
- Description of a cultural walk through Assisi

#### **Price does not include:**

- Tourist tax
- All not specified under "included in the price"



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