Gravel Adventure in Umbria: Discovering the "Green Heart of Italy"
An 8-day guided gravel bike tour



Imagine a week where every morning starts on the bike, surrounded by the peaceful and tranquil landscapes of Umbria. This gravel bike trip is not just an itinerary, but an authentic way to explore a region that alternates **hills, plains, and wide valleys**. The six stages take you across varied terrain and interesting gravel roads, perfect for those seeking new adventures: smooth sections, technical stretches, passages through **olive groves and vineyards**, and ever-changing views with every pedal stroke. Each day is designed to let you ride without worries: you'll have access to **unlimited sports nutrition**, **stops with light and tasty lunches along the route**, and **recovery snacks** at the end of each stage. At the finish, you'll stay in **two well-equipped bike hotels**, chosen for their comfort, cyclist-friendly facilities, and everything you need for a good rest. Logistics are simple: **luggage transport is included**, so you can focus entirely on enjoying your days on the bike.
Along the route, you'll pass through some of Umbria's most charming towns. **Assisi**, with its unique atmosphere; **Spello**, famous for its well-kept streets; **Montefalco**, offering panoramic views over the valley; **Bevagna**, with its perfectly preserved historic center. Each stage is an opportunity to discover authentic places rich in history.

Who is this trip for?

- For those who love riding on well-maintained gravel roads immersed in nature.
- For those looking for an **accessible but rewarding challenge**.
- For those who want to discover a **genuine Umbria**, away from mass tourism and crowded routes.
- For those seeking an **active, well-organized, and fulfilling week**.

Now the question that really matters: are you the type of cyclist who loves adventure, discovery, and a real connection with the territory? If the answer is yes, this trip is made for you.

Departure: Only on Saturdays.

Participant: guaranteed start from 4 or more people

April 2027: Start on 03/04, end on 10/04. *Max 16 persons*
May 2027: Start on 01/05, end on 08/05. *Max 16 persons*
Start on 15/05, end on 22/05. *Max 16 persons*
June 2027: Start on 05/06, end on 12/06. *Max 16 persons*
September 2027: Start on 04/09, end on 11/09. *Max 16 person*

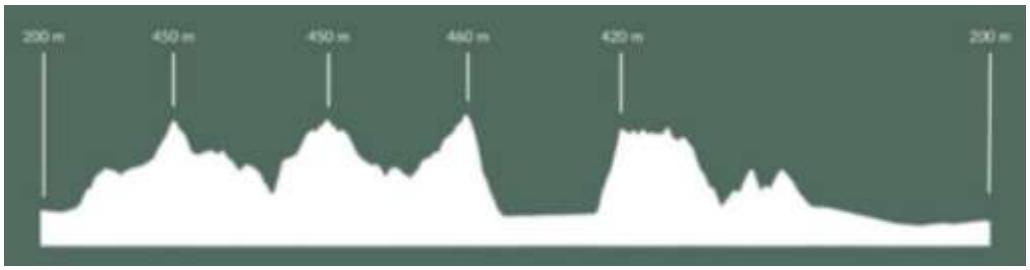
Program in short:
Day 1: Distance: 55 km; Elevation Gain: 1200 m



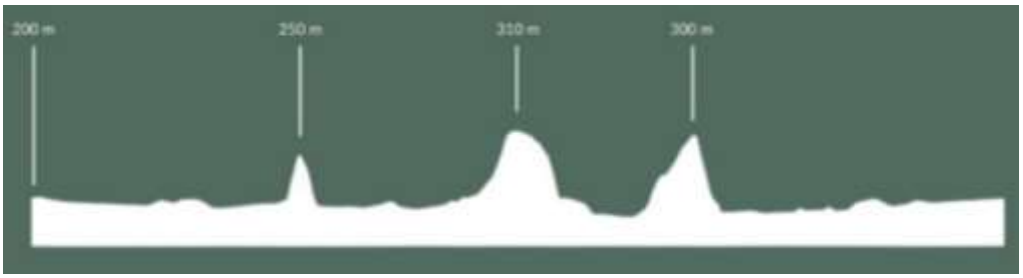
Day 2: Distance: 93 km; Elevation Gain: 1800 m



Day 3: Distance: 77 km; Elevation Gain: 1000 m



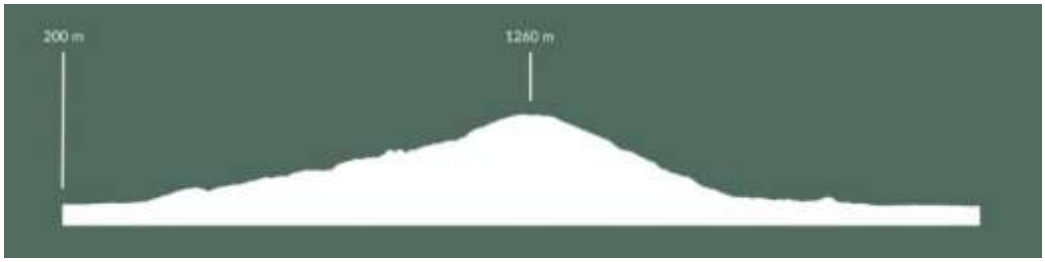
Day 4: Distance: 83 km; Elevation Gain: 600 m



Day 5: Distance**:** 130 km; Elevation Gain: 2300 m



Day 6: Distance: 70 km; Elevation Gain: 1400 m



Hotel: *** and ****

Prices per person 2027:
Double room: € 1.779
Single room: € 1.999
Partner not cycling: €1.299

Inclusive in the price:

- 7 nights in a twin /double room
- 7 x breakfast
- 6 x lunch (pasta of your choice, water, coffee, soft drink)
- Sport nutrition (drinks, electrolytes, gel and bars)
- Recovery drinks and snacks after every bike ride
- Your guide Jef (English, Italian, Dutch and French speaking)
- Exclusive Giro Travel sports shirt worth €99
- Luggage transfer between the two hotels
- Cleaning products and tools for the bicycle

Excluded:

- Your trip to and from Umbria
- Dinners
- Local tourist taxes to be paid directly in the hotel.
- All what is not mentioned under 'included in the tour'

On the Saddle with Jef

Your guide will be Jef, a passionate cyclist born in Belgium, where he developed his love for cycling from a young age, starting with a beautiful celeste Bianchi mountain bike. After several professional experiences, Jef found his true path by moving with his family to Umbria. Here, among the famous strade bianche, he rediscovered his passion for cycling and decided to share it with other gravel enthusiasts.

Today, he guides cyclists along carefully planned routes, ensuring they don't miss the most beautiful gravel roads in Umbria. Jef speaks Italian, Dutch, English, and French, guaranteeing clear communication and constant support. During each stage, he provides:

- Professional technical assistance when needed;
- Personalized advice tailored to each participant's level;
- Challenging and safe routes, carefully tested and selected.

With Jef by your side, you can ride with confidence, enjoy every kilometer, and discover the best that Umbria has to offer.

For more information:
Visit the website: https://girogravel.com/ (At the moment only in Dutch)
Or write an email to: jef@callaerts.com